

Direct Care Worker Core Competency Training Scoresheet

Name of Organization: _____

Date: _____

	Competency	Met	Not Met	Notes
1	Communication			
	Communicate with residents and caregivers in a respectful and culturally appropriate way;			
	Understand the communication methods and appropriate use;			
2	Person Centered Care Principles and Practices			
	Provide supports and services to help the resident achieve their care plan goals;			
	Maintain safety in all resident environments;			
3	Observation			
	Monitor a resident's physical and emotional health;			
	Gather information about the resident and communicate with care team members at shift change and as needed;			
4	Crisis Prevention and Intervention			
	Understand risks and behaviors that can lead to a crisis (disruptive episodes requiring non-routine interventions);			
	Utilize strategies to prevent crisis and promote health and safety;			
	Understand triggers and interventions/practices to avoid or diffuse conflict;			
5	Safety			
	Know and understand all safety policies and procedures of the facility;			
6	Professionalism and Ethics and Resident's Rights			
	Know and understand facility's policies and procedures regarding professionalism and ethics;			
	Maintain confidentiality in all spoken and written communication and follow all the rules of the Health Insurance Portability and Accountability Act of 1996 (HIPAA);			
7	Empowerment and Advocacy			
	Understand the role of the state ombudsman program;			
	Know, understand, promote and protect the rights of each resident placing a strong emphasis on dignity and self-determination;			
8	Health and Wellness			
	Support the physical, spiritual, emotional and social well-being of the resident;			
	Understand safety risks for specific conditions including dementia, psychiatric and physical limitations;			
	Know, understand and facilitate resident care plans			
9	Community Living Skills and Supports			
	Assist the resident to meet their physical and personal needs considering any cognitive or physical impairments in providing supportive care (All ADLs);			
10	Cultural Competency and Community Inclusion			
	Support, understand and respect resident preferences and differences (i.e. religious, cultural, ethnic, sexual orientation, etc.). Encourage the resident to engage with the community;			
11	Dementia Care Competencies			
	Know the types and stages of dementia including information on the physical and cognitive declines as diseases progress;			
	Understand challenging behaviors and non-verbal communications promoting empathy and validation of their reality;			
	Understand safety risks specific to a dementia care environment;			
12	Training and Self-Development			
	Maintain updated and documented trainings/in-services and seek opportunities to improve skills and work practices through further education and training.			

Approved		
Denied		
Date		
Signature		
Print Name		